

# **DESPATCHES**

# SAILABILITY BAYSIDE

#### Sailability Bayside

Is an all volunteer non-profit organisation dedicated to providing sailing for people with disabilities, regardless of age gender or disability.

Sailability Bayside Inc.

**July 2023** 

Manly Queensland

#### We Need YOU!

Like to join our fantastic friendly team of volunteers?

Come down and see us in action at Darling Point Sailing Squadron, 22 Trafalgar St., Manly. (beside the Brisbane Coast Guard)

We operate on Mondays and Thursdays from 9.00am during school terms.

New volunteers, whether you can sail or not are always very welcome.

#### **CLIENT BOOKINGS**

sailabilitybayside@gmail.com

# CHANGES & CANCELLATIONS

Tel 0432 152 310

Bookings are not carried over. They need to be re-organised each term.

To contact Sailability on Sail Days between 9.00am and 2.00pm

Tel 0432 152 310

Will Sailing be operating?

Tel 0401 994 271

After 7.00am on the day of sailing

#### Sailing Calendar 2023

**Start Term Three:** 

**Monday 10th July** 

**End Term Three:** 

**Thursday 14th September** 



#### SAILING FOR 20 YEARS AT MANLY HARBOUR

Sailability Bayside had their first sailing day at the Multi-Hull Yacht Club at Manly Harbour on 12th June 2003. Ashley Hickman was employed by the Cerebral Palsy League (CPL) to drive the group, supported by CPL, McGregor Lions, the Multi-Hull Yacht Club, Wynnum Manly Rotary and Sailability Queensland.

Ashley went on to become the first president and guide the group into an incorporated association that quickly went from strength to strength and become the highly respected successful operation that exists today. Twenty years on, Ashley returned to celebrate the occasion on the 26th June 2023 and is depicted here with other stalwarts, Allison Jackson and Joan Pease MP.

Over two hundred keen supporters attended the celebratory event at the original site on the harbour that is now held by the Darling Point Sailing Squadron. From the humble beginnings of three borrowed Hansa 303 dinghies and one 203, along with 5 clients, the club now caters for some 70 to 80 clients per day with fifteen Hansa dinghies, a 7 metre yacht and a 5 metre Support Boat. Now for the next 20 years!

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Joan Pease MP

### Community Support—20 Year Celebration:







A large group of supporters attended the 20 Year Anniversary of Sailability Bayside, that was conducted at the Darling Point Sailing Squadron premises at Manly Harbour on a beautiful winter's day in June. The supporters comprised many community groups from the Bayside area including the Lions Club of Capalaba, the Rotary Club of Wynnum and Manly and the Wynnum Manly Workers Sports Social Club who all very generously donated significant funds to ensure that sailing for people with disability would continue well into the future at this site. President Wayne acknowledged the donations and thanked all who attended for their continued support and commended the local community groups and politicians for the wonderful work they perform for the Bayside region in particular.

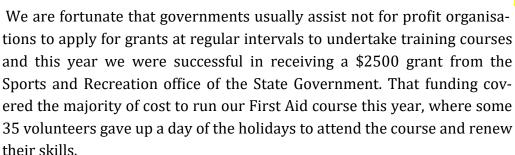






## Volunteer Training:

Sailability Bayside is pro-active in providing ongoing training for volunteers to ensure sailing for people with disability is a safe and satisfying activity for all who take part in it. First Aid is such a skill that requires people review their understanding of the skill each year to remain competent and confident to step up to an emergency situation that may arise.



Our course trainers are provided by Surf Lifesaving Queensland with the course divided into two parts, being that of CPR training that takes approximately 3 hours and is followed by the First Aid component that also takes another 3 hours. To remain certified, the CPR training must be completed every year, whilst the First Aid component is every 3 years.









# Day Sail— STS Young Endeavour:

The Young Endeavour is a sail training ship of the Australian Navy that was gifted to Australia by the United Kingdom in 1988. Since that time, a youth development program has been conducted using the vessel where the emphasis of each voyage is to build skills and attributes to develop each participant into a better team player, a more effective communicator and a leader. Each voyage takes around 10 days and participants must apply to take part and are then selected by a ballot process.



Sailability in Queensland was recently invited to take part in a day sail when the ship reached Brisbane in June and Sailability Bayside accepted the challenge to provide a group of young people with disability to be involved with the one day event. The group comprised Sailability volunteers and Sailability clients from the Bayside and Sunshine Coast clubs, with students from the Darling Point Special School who also sail with the Bayside Club. It was a day that will not be forgotten and inspired some

to take the challenge and stretch their boundaries.













## **Community Events:**

During May, Sailability Bayside took part in two community events to raise awareness for people with disability and the activities that are available for them in the local area. We also like to promote our amazing volunteers who work tirelessly behind the scenes to assist the community and perhaps also attract others who may be willing to take up a volunteering role.

The first was at Raby Bay Harbour Park at Cleveland, where a Community Celebration was promoted by Star Community Services (Redlands Volunteering), and Sailability Bayside, in company with many other volunteer organisations, promoted the services offered to the community.

The second event was at George Clayton Park (Bandstand Park) in Wynnum, where a Family Fun Day was arranged by the Wynnum and Manly Rotary Club, and successfully attracted family groups with a variety of entertainments and again we could display our services to the community.

























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